

Facilitator Profile – Heather Mayhew

Heather Mayhew provides the backbone of the science and research to support the environmental sustainability and ecological integrity of our business and program development. With over thirty years' experience in biological monitoring, working with grassroots organizations, government and academic institutions, she brings a clear view and appreciation of ecological and social justice issues.

Working with government, Saint Francis Xavier University and local ENGOs, Heather has accumulated over 30 years of experience in ecological field work, teaching and activism. Her passion for eco-philosophy shapes her focus in questioning how humans relate to their natural environment, how we can continue to live in ecological harmony with the rest of the biosphere and where to best influence change in the way we live. Heather holds a Masters of Adult Education (STFX University), a BSc in Marine Biology (Dalhousie University) and is currently the Environmental Sustainability consultant and curriculum advisor for Peak Experiences. She is a founding member and the co-chair for the Antigonish Harbour Watershed Association. Heather is a mother and grandmother living in Antigonish County, Nova Scotia with her husband. They provide support and volunteer leadership to a variety of community and sustainable development initiatives in Antigonish, Paq'tnkek and across the province.



Peak Experiences was formed in 1992 to help individuals by delivering powerful learning solutions for organizations, leaders and practitioners who have a clear stake in accelerating their individual and collective effectiveness. Through the use of our globally-recognized tools from Human Synergistics, administered locally by our associates, our clients are able to measure what many assume cannot be measured; individual behaviour, group styles, organizational culture, and the impact of these factors on effectiveness and performance. By doing so, we enable individuals, groups, and organizations to initiate changes and realize their potential.

Core Values: Our commitment embraces both intention and action. Our organizational core values govern everything we do. When you choose to work with us, you are assured of:

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| Trust | Honesty, trust, integrity, vulnerability and transparency. |
| Thirst for Learning | Personal self-awareness, curiosity, insights, growth and development. |
| Measurable Results | Evolution, science-based measurement, outcomes and a pursuit of excellence. |
| Memorable Experiences | Meet people where they are, with care and compassion, understand the importance of mental health and recovery from trauma-based experiences. |
| Collaborative Partnerships | Communicate, include, understand, share, informed and collaborate. |
| Do No Harm - Respect and Protect the Natural World | Land, animals and sea - environmental integrity, sustainability and social justice. |