

Facilitator Profile – Frank Gallant, Peak Experiences

Peak Experiences was formed in 1992 to help individuals strengthen their effectiveness through the delivery of powerful learning solutions for leaders, teams and organizations. As a leadership development and culture change specialist, Frank incorporates a unique blend of current behavioural science research, neuroscience, psychology, group dynamics, experiential activities, and theoretical training methods to create the Peak Experience professional development approach.

As a trusted advisor with over 30 years of experience in teaching, coaching and consulting, Frank administers highly effective and customized training workshops that meet the developmental needs of leaders and their organizations. In addition, he recently completed training to as a Compassionate Inquiry therapist with Dr. Gabor Mate deepening his ability to compassionately support individuals impacted by trauma and mental health issues in the home or workplace.

Frank Gallant lives on Antigonish harbour in, Lanark, Nova Scotia with his wife, Heather living close to their three adult children. They provide volunteer support and leadership to a variety of community and sustainable development initiatives in Antigonish and across the province.



Peak Experiences was formed in 1992 to help individuals by delivering powerful learning solutions for organizations, leaders and practitioners who have a clear stake in accelerating their individual and collective effectiveness. Through the use of our globally-recognized tools from Human Synergistics, administered locally by our associates, our clients are able to measure what many assume cannot be measured; individual behaviour, group styles, organizational culture, and the impact of these factors on effectiveness and performance. By doing so, we enable individuals, groups, and organizations to initiate changes and realize their potential.

Core Values: Our commitment embraces both intention and action. Our organizational core values govern everything we do. When you choose to work with us, you are assured of:

Trust
Thirst for Learning
Measurable Results
Memorable Experiences

Honesty, trust, integrity, vulnerability and transparency.
Personal self-awareness, curiosity, insights, growth and development.
Evolution, science-based measurement, outcomes and a pursuit of excellence.
Meet people where they are, with care and compassion, understand the importance of mental health and recovery from trauma-based experiences.
Communicate, include, understand, share, informed and collaborate.
Land, animals and sea - environmental integrity, sustainability and social justice.

Collaborative Partnerships
Do No Harm - Respect
and Protect the Natural
World